Packing Checklist

GOSPEL SEED NETWORK 🐼

Essentials

- □ Passport
- □ Secondary ID
- □ Ticket Confirmation Number
- \square Bible
- \Box Journal, pen
- Travel Agent Contact Info
- Hotel Contact Info

Clothing and laundry

- $\hfill\square$ Glasses, Contacts, Contact Solution
- \Box T-shirts
- \Box Shorts, pants
- $\hfill\square$ Shoes, flip-flops
- □ Hat
- \Box Underwear, Socks
- \Box Sleepwear
- \Box At least 1 nice outfit
- \Box Work Clothes 1 outfit
- □ Hair brush, hair ties
- □ Travel-size packets of laundry soap (laundry take-out service available)

Villages (Not applicable for all)

- \Box Work Boots
- □ Light Jacket or sweatshirt
- □ Insect Repellent
- □ Towel, Washcloth
- □ Battery Pack for Phone
- \Box Shower Shoes (not a must)
- \Box Hand sanitizer, wet wipes

Misc. Items

- □ Backpack
- \Box Cellphone, Charger
- □ Camera, Charger
- $\hfill\square$ Motion Sickness Pills
- Disposable Rain Coat (Can be bought here as well)

- \Box Intentional Empty Space for Souvenirs
- □ Extra Ziplock Bags
- \Box Headphones

Hygiene

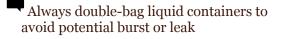
- \Box Deodorant
- \Box Toothbrush, toothpaste
- □ Toilet paper (1 emergency roll)
- \Box Bar of soap
- \Box Shampoo

Team First Aid Kit

(All medicines on carry-one must be in original bottle)

- \Box Medication, prescriptions
- □ Bandages, tape, gauze, elastic wraps
- □ Aspirin, ibuprofen, acetaminophen
- □ Antibiotic wipes, hydrogen peroxide, cotton balls
- □ Imodium/Pepto/Charcoal Pills
- □ Antiseptic cream
- $\hfill\square$ Sunscreen, sunburn lotion or ointment

Pro Tips



Always pack 1 entire outfit of clothing with you on your carry on in case of losing your luggage

You can buy an adaptor for your phone here